OFFICE OF THE HEALTH CARE ADVOCATE

LOW-COST GLASSES AND EYE EXAMS

VERMONT LEGAL AID

Finding a way to afford an eye exam and glasses can be challenging when you don't have vision insurance. Here are some resources that may help.

EYE EXAMS

Medicaid for people under 21 pays for eye exams and glasses.

Medicaid for people over 21 and the **VPharm** program pay for eye exams, but not glasses. If you are on one of these programs or another kind of vision coverage, ask your eyecare provider if they accept this type of insurance.

If you do not have other insurance that covers eyecare you can contact UVM Medical Center's **Health Assistance Program (HAP).** If you meet their program requirements you may be able to get help paying for an eye exam and a basic pair of glasses. To learn more, email <u>HealthAssistanceProgram@UVMHealth.org</u> or call **888-739-5183.**

PRESCRIPTION GLASSES

If you already have a prescription, you can buy low-cost prescription glasses through online companies.

Zenni Optical | www.zennioptical.com
- Low-cost options for $6.95, or $10 or $20

Eye Buy Direct | www.eyebuydirect.com
- Low-cost options starting under $10

Warby Parker | www.warbyparker.com
- A little more expensive. Glasses cost around $100 on the low end.

The Lions Club will sometimes help with the cost of prescription glasses. They do not help pay for eye exams. To apply, email <u>Sight@VermontLions.org</u> or call **1-888-885-4667.**

QUESTIONS

The Office of the Health Care Advocate is a free and confidential resource for Vermont residents who have questions about health insurance or access to care. Call us if you have questions about access to eyecare or any other health care issue. You can reach our HelpLine at **1-800-917-7787.** You can also get more information on our website or submit an online help request at <u>vtlawhelp.org/health</u>.