

Person-Centered Care at Long-Term Care Facilities

The care that you receive should be **person-centered**. **Person-centered care** means that your care providers:

- Focus on you as the center of control
- Support you in making your own choices
- Support you having control over your daily life
- Make sure your care and services are planned and delivered, based on *your* specific needs and wants
- Ensure that care and services are done *for* you (not *to* you)

Want to know more about person-centered care?

Call your long-term care ombudsman!

1-800-889-2047

At no charge we can:

- Talk to you over the phone
- Visit you
- Answer your questions
- Help with problems

The Vermont Long-Term Care Ombudsman



A Project of Vermont Legal Aid